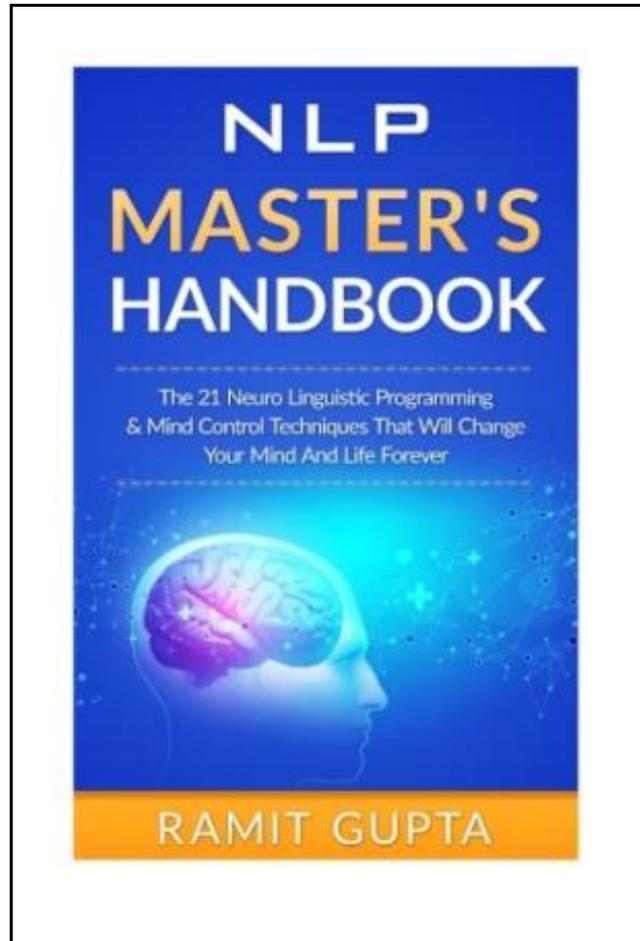


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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Rewire Your Brain Completely. Think How You Want To Think. Stop falling into disempowering patterns of thinking. Arm yourself today with this step-by-step guide for NLP and mind control! Have you ever had an memory that, when brought up again, brings out the worst emotions in you? Perhaps it s an overwhelming sense of fear that you feel, despair, grief, or embarrassment. It takes control of your current self, and although the experience happened yesterday, a year ago, or even a decade ago, the vividness of that memory has a huge impact on how you perceive the world today. So what if you could rewrite that memory and associate new feelings with it? Would you choose to be happy, satisfied, or even entertained with that memory instead? This is one of the ideas that brought me into the field of neurolinguistic programming. With NLP, you really can reprogram your mind, replacing disempowering thoughts with empowering ones that allow your life to move on and allow you to become a stronger and more successful person. In this book, I broke down my studies of NLP into the 21 most important techniques that any beginner can use to get started. With each of these nuggets of knowledge, I hope I can get you on the right track to making a few tweaks in your mental programming that will boost your level of success and skyrocket your confidence. I also hope you will be inspired to study each of these techniques further to really take advantage of the power of NLP. So what are you waiting for? A new life is waiting for you just around the corner!...

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