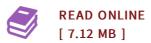




## Breakthrough - Moving Beyond Your Mental-Illness Diagnosis to Your Highest-Functioning Outcome (Paperback)

By Linda Denke

Total Publishing and Media, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. The goal of this book is two fold: to educate the family member and / or caregiver about their loved one s disease, and second, to equip the reader with identified strategies to assist them in helping their loved one navigate through their mental illness diagnosis successfully and to live a high-functioning life. The book begins by introducing the reader to mom, Savannah Rutledge, and her son, Adam P. Rutledge, who today is a practicing attorney living successfully with a bipolar diagnosis. Meet, Linda Denke, PhD, who dialogues and walks alongside her reader as together they navigate the mental-health system. As a nurse leader and national speaker, she recently presented at the 2014 American Nurses Credentialing Center (ANCC) for the Magnet Recognition Program which credential nursing best practices and success strategies worldwide. Her contributions include mental health nursing education, training, coaching, mentoring, innovation, clinical excellence, and research aficionado. Dr. Denke takes us through an intensely personal and at times frightening and heartbreaking experience of a mother learning of her son s diagnosis with mental illness....



## Reviews

This composed book is excellent. This really is for all who statte that there had not been a worth reading through. Your life period will probably be change as soon as you total looking over this ebook.

## -- Cheyanne Barrows

The book is fantastic and great. I have go through and i also am certain that i will planning to read through once more once more down the road. Its been printed in an exceedingly simple way and is particularly simply after i finished reading through this publication through which really changed me, change the way i think.

-- Hank Powlowski