

## Experience Your Good Now!: Learning to Use Affirmations



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### ***Reviews***

*It is really an remarkable book which i have ever go through. It can be writter in simple terms and not difficult to understand. I am just effortlessly can get a enjoyment of reading a composed pdf.*

*(Dr. Lily Wunsch II)*

## EXPERIENCE YOUR GOOD NOW!: LEARNING TO USE AFFIRMATIONS



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Hay House Inc. Paperback. Book Condition: new. BRAND NEW, Experience Your Good Now!: Learning to Use Affirmations, Louise L. Hay, In this delightful book, Louise Hay discusses the power and importance of affirmations and shows you how to apply them right now! Louise explains that when you state an affirmation, you're really saying to your subconscious mind: 'I am taking responsibility. I am aware that there is something I can do to change.' Within these pages, Louise discusses specific topics and concerns (health, fearful emotions, addictions, prosperity issues, love and intimacy and more) and presents exercises that show you how to make beneficial changes to virtually every area of your life. On the accompanying audio download included, Louise offers you helpful information about affirmations that you can also use to your benefit. She recommends that you listen to it at any time of the day or night - whenever you'd like positive thoughts and ideas to permeate your consciousness and fill you with hope and joy. 'It takes some time to go from a seed to a full-grown plant. And so it is with affirmations - it takes some time from the first declaration to the final demonstration. Be patient!' Louise Hay.



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